

Ingredients and Nutrition
Thumbprint Cookies

Thumbprint Cookies: Flour, Butter, Sugar, Pecans, Eggs, Salt, Natural Flavors.

Nutrition Facts			
Serving Size 15 g			
Servings per Container 1			
Amount per Serving			
Calories 70	Calories from Fat 40		
% Daily Value*			
Total Fat 4.5g	7%		
Saturated Fat 2g	10%		
<i>Trans</i> Fat 0g			
Cholesterol 15mg	5%		
Sodium 35mg	1%		
Total Carbohydrate 7g	2%		
Dietary Fiber 0g	0%		
Sugars 3g			
Protein 1g			
Vitamin A 2%	• Vitamin C 0%		
Calcium 0%	• Iron 0%		
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram			
Fat 9 • Carbohydrates 4 • Protein 4			